



Honey Nut Cheerios™ Cereal Single Serve K12 2oz Eq Grain

Enjoy the real honey, natural almond flavor and sweetened whole grains in Honey Nut Cheerios. This ready-to-eat cup provides convenient single serve portion control and room for milk. Whole Grain Oats—first ingredient. Meets 2 ounce equivalent grains, USDA Smart Snack criteria and Gluten-Free.



Product Information:

PRODUCT CODE:	14882000
UPC:	16000148826
GTIN:	10016000148823
UNIT SIZE:	2
CASE COUNT:	60
ATTRIBUTES:	<ul style="list-style-type: none"> Kosher No Artificial Flavors Zero Trans Fat 2 oz. Eq. Grain Whole Grain No Gelatin Smart Snacks Compliant No High Fructose Corn Syrup Gluten Free

Ingredients & Allergens

Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

CONTAINS ALMOND INGREDIENTS.

Preparation Instructions

Ready to eat

Package Information:

NET WEIGHT: N/A

VOLUME:	2.1 CF
HEIGHT:	18
LENGTH:	16.5
WIDTH:	60
CASE SIZE:	12.3

Nutrition Facts

Serving Size	1 Container (56g)		100g
Calories	As Packaged 210		As Packaged 378
		% DV	% DV
Total Fat	2.5g	3%	5g
Saturated Fat	0.5g	3%	0g
Trans Fat	0g		0g
Cholesterol	0mg	0%	0mg
Sodium	320mg	14%	568mg
Total Carbohydrate	45g	16%	81g
Dietary Fiber	4g	14%	8g
Soluble Fiber	1g		3g
Total Sugars	19g		32g
Incl. Added Sugars	19g	38%	32g
Protein	5g		8g
Vitamin D		15%	5mcg
Calcium		15%	351mg
Iron		30%	10mg
Potassium		4%	405mg
Vitamin A		15%	811IU
Vitamin C		15%	24mg
Thiamin		30%	1mg
Riboflavin		15%	0mg
Niacin		15%	4mg
Vitamin B6		30%	1mg
Folate		30%	216mcg
Vitamin B12		30%	1mcg
Phosphorus		15%	297mg
Magnesium		15%	108mg
Zinc		30%	6mg

* Percent Daily Value (DV) are based on a 2,000 calorie diet

* Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

* Do not eat raw dough or batter.

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Product Photos:



